

# Kennebec Challenge

## Mountain Run

### Saturday - August 7, 2010



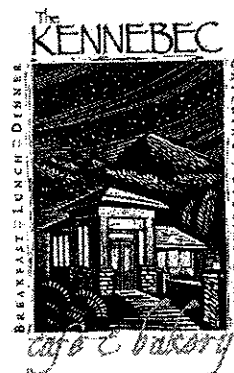
- Approximate distance is 14 miles
- Race starts at 8:00 am, must be at start for packet pick-up by 7:30 am.
- Directions to start: 11 miles west of Durango on Hwy 160, Turn North on LaPlata Canyon Road (road 124), 8 miles to the start at LaPlata City Campground. 3 miles of the road is dirt and somewhat rugged.
- Limited to 150 runners
- Awards to overall male/female and age groups: 0-19, 20-29, 30-39, 40-49, 50-59, and 60 & over.
- We will have EMT support. However, due to rugged terrain, response time will vary and participant is responsible for any evacuation. A Colorado Hiking Certificate is encouraged to cover these costs (obtained from local sporting goods stores).
- There will be 3 water stops on the run. It is suggested that participants carry their own water.
- Parking is limited; car-pooling is encouraged!
- Proceeds from this event will go toward the Marc Witkes Memorial Scholarship and La Plata County Search and Rescue.
- No refund if the event is canceled due to weather.

#### More Free Stuff!

- Food and beverages available
- Cold mountain stream soak
- T-shirts guaranteed for registrants by July 7th, 2010
- Post race massages
- Random prize drawings

Sponsored by:

**DMT**  
**Kennebec Cafe**  
**Crane & Tejada, PC**



Please complete and detach the registration form

- \$20 Early Registration, DMT Members only, by July 7th, 2010
- \$25 Early Registration for non-DMT Members, by July 7th, 2010
- \$5 Early Registration for students.
- \$35 Registration on race day.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Sex: \_\_\_\_\_ Age: \_\_\_\_\_  
 T-Shirt Size (circle one) S M L XL

Waiver: I understand there are risks associated with this event and I the undersigned, waive and release any and all claims for injuries suffered by me against any persons or organizations associated with this event.

Signature: \_\_\_\_\_  
 Guardian if under 18 \_\_\_\_\_  
 Make checks payable and mail entry forms to:  
 Durango Motorless Transit  
 c/o Crane & Tejada, PC  
 575 E. College Dr.  
 Durango, CO 81301  
 or drop off entry forms at the following locations in Durango, CO:  
 • Your Running Store - 444 E. College Dr.  
 • Brown's Sport Shoe - 842 Main Ave.  
 • Crane & Tejada, PC - 575 E. College Dr.